# **PRAYER GUIDE**

Matthew 26:40

## **PRAISE**

- For who God is. Focus on one or more of His attributes or something that He has done to make Himself real in your life!
- Psalm 106:1; 63:6

## **WAITING**

- Be silent before God basking in His presence or allowing Him to search your heart and reveal things that need to change!
- Isaiah 40:31; Psalm 46:10; 139:23-24

## CONFESSION

- Deal with issues, actions, attitudes and thoughts that haven't been glorifying to God!
- 1 John 1:9; Psalm 66:18-19; James 5:16b

## **SCRIPTURE PRAYER**

- Read a portion of Scripture and make that portion your own personal prayer.
- Romans 10:17; Jeremiah 23:29

#### WATCHING

- Use this time to become Spiritually alert to the enemy's tactics that he
  may use to hinder you. Become alert to issues and news around the world
  that will help you later in your intercession.
- Matthew 26:41; Mark 14:38; Colossians 4:2

## INTERCESSION

- Standing in the "gap" on behalf of someone else. Worldwide missions, salvation for our nation, town, personal unsaved acquaintances, the church family etc.
- 1 Timothy 2:1-4

## **PETITION**

- Ask God to meet personal / family needs that have arisen. Ask Him to answer according to His perfect will and His perfect time!
- Matthew 7:7

#### **THANKSGIVING**

- Focus your thanks on what God has recently done and what you are trusting Him to do in the future!
- Philippians 4:6; 1 Thessalonians 5:18

# **SINGING**

- Discover singing alone in the presence of the Lord. Many of the songs we sing are in fact prayers. Use them or make a "new" song in your heart!
- Psalm 100:2: 105:1-5

## **MEDITATION**

- Take time to concentrate on God's Word and what He has been saying to you – meditate on how you might be able to practically apply these truths.
- Joshua 1:7-8; Psalm 5:1-3

#### LISTENING

- Ask God very specific questions about difficult problems and situations. Search the Scriptures for specific answers!
- Ecclesiastes 5:2; 1 Kings 19:9-12

## **PRAISE**

- End your time of prayer with once again acknowledging God's goodness.
- Psalm 52:9; 145

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